

Theme Name:

Write a Little about Your Theme and Why It Speaks to You

Chants, Quotes, Mantras, Poems, or Songs That Connect

Poses That Work with Your Theme

Distill Your Theme to a Short Sentence or Intention

Phrases or Sentences to Employ in These Parts of Your Class

Opening	During Movements
During Pauses	Closing

Anything Else:

Use the back of this template to write your sequence for the class.

